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Retrospective Assessment of Clinical Pharmacist Medication Sheets Documentation Completeness from a Sample of Iraqi Health Care Units

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ABSTRACT

Background & Aim

Medical records documentation is an important legal and professional requirement for all health professionals to ensure that the medications prescribed for patients contribute to the best possible health outcomes. The main objective was to assess the documentation completeness level of the medication sheets in the different inpatient wards of Iraqi hospitals, also to identify trends of clinical pharmacist intervention towards problems related to drugs, and to estimate physician's acceptance status of the proposed intervention.

Method

A retrospective study was conducted in a number of randomly selected hospitals as a multicenter; the sample consisted of number of randomized medication summary sheets per ward, recorded during the medication order validation process and drug-related problems were identified. Patient's demographic characteristics, drugs administered, drug-related problems description, pharmacist's recommendations, and whether or not the recommendations were accepted by the physician or not were recorded.

Result

A total number of (562) medication sheets collected from multiple wards of different hospitals, pharmacist intervention represent (23.5%) of total medication sheets across multiple wards from 3 hospitals. Medication sheets of the emergency and CCU included the majority of pharmacist interventions (64.4%), followed by medication sheets of a surgical ward (18.9%), and the least intervention was found among medication sheets of the internal medicine ward (16.6%). Drugrelated problems that may arise in hospital settings are mainly dispensing errors (32.65%), unavailability of an indicated drug (15.64%). A total of 295 counseling and recommendations to patients and health care providers at the physician, nursing staff levels were implemented and documented. This retrospective pilot study confirmed the obvious incompleteness of documenting the majority of clinical pharmacist medication sheets for the inpatient particularly in the surgery ward.

Keywords: Medication Sheets, Drug-Related Problems, Physician Acceptance, Pharmacist Interventions

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DOI:

INTRODUCTION:

Clinical pharmacists have licensed practitioners with advanced knowledge and Integrated training in all types of patient care settings with a focus on achieving optimal use of medications, assuring right dosing, monitoring, identification of adverse effects, and economic efficiency to achieve optimal patient outcomes. On the other hand, patient safety now acquires the attention greatest in developed countries.²The medication therapy management (MTM) services empower patients to take an active role in managing their medications as well as to ameliorate actual cooperation among patients and all healthcare team; thus optimize medication use and improved patient outcomes.¹

There is increasing evidence that, at the hospital level, the most common adverse events are related to drug use, which most of them are considered preventable and constitute medication errors. An interesting finding of Payne *et al*, who found that the risk of unexpected hospital admissions increased with the number of medications used, but he found also that this effect was less evident for people with a high number of chronic conditions.

Even inside the best case-scenario, with the use of appropriate scientific guidelines and well-known recommendations for prescribing medication, the physician is still obliged to apply more than one guideline for the treatment of various conditions in the same patient. This will increase the chances of adverse drug reactions, drug interactions, and sooner or later possess extra risks to the patient. However, the use of non-pharmacological interventions to lessen the side effects might help too.

Medication error causes direct and indirect consequence on the patient, the direct consequence includes patient harm, increase

duration of patient hospitalization, higher costs and may result in death, 6 while the consequence indirect includes psychological effect on health care providers in term of confidentiality, increased work's stress and loss of faith of patient's family in the health care provider. 7,8 Only a small percent of medication errors have the potential to cause patient harm despite they occur frequently, however, many of them go undetected or unreported because only a small fraction of them that adversely affect the patient's safety, which mustn't be underestimated.9

Many factors contribute to drug-related problems (DRPs) including unnecessary drug use, inappropriate drug choice, therapeutic duplication, inappropriate dosing regimen, poor physician-patient communication, and long-term medication use without periodic review. [10,11] Kale Aet al, [12] defined the adverse drug events (ADEs) as the harm resulting from the use of a drug, either due to adverse drug reactions, overdoses or from the incorrect use of the drug-like dose reductions and abrupt discontinuations.

As clinical pharmacists are a primary source scientifically valid information concerning the medicines, the pharmacists must work closely with other healthcare professionals, and be commonly involved in providing pharmaceutical care services. Pharmaceutical care services are not found in the hospital setting only, but also in the nursing home settings, and community settings of outpatient clinics. 13,14 These pharmaceutical care services includes: patient interviews, counseling, medication reviews, drug therapy management, participation in conferences, education to a multi-disciplinary care, and healthcare staffpatient interviews. 15

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DOI:

Glanz K et al, 16 demonstrated the importance of interpersonal communication in the health care process, and the good communication between a patient and his physician leads to an overall improvement in health, chronic physical management, and a better quality of life. The key element of efficient communication is detailed medication information, which should include more than the drug name and dosage being taken, ADRs, hypersensitivity reactions, start and stop date for certain medicines, all over the counter (OTC) medications, and herbal or natural supplements.17

Educating patients to better understand their medical issues and treatment plan is an implicit aim of all treatment plans, the most important component of the patient education plan confirms the need for patients to follow prescribed treatment regimens In its entirety. ^{18,19}

Later, with the advancement of knowledge on clinical pharmacy and improvement of the clinical pharmacists' expertise, the system of thinking was changed and as a result, they were accepted as one of the health members in the hospital wards.

Assuming that all the medication sheet to be processed correctly and actively according to the hospital regulations by all health care members including the pharmacist in charge, this study was designed to explore whether or not the inpatient medication sheet document the practical and prospective scope of practice of clinical pharmacists in a sample of hospitals in Iraq through observation and recording of pharmacist interventions (PIs) in medication summary sheet in a statistical manner. Also to highlight the extent of DRPs in the healthcare system along with the role of clinical pharmacists in terms of approaching and managing these problems.

MATERIALS AND METHODS: Study design and approvals:

This study is a retrospective descriptive study carried out from September 2019 until March 2020 among different wards of Iraqi general and specialized hospitals identifying the completeness level of medication sheets documented by the clinical pharmacists and assessing the reports that contain DRPs. Official approvals were obtained from the authorities at the Mustansiriyah University /College of Pharmacy, and the Iraqi Ministry of Health.

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Study size, inclusion and exclusion criteria:

The total number of reports revised was 562 medication sheet parts of inpatient records. Data from medication sheets were randomly collected from the emergency department, CCU, surgery wards, and internal medicine wards and reports that contain DRPs were collected retrospectively over the last month. All patient records containing pharmacist medication sheet was included in this study randomly. Any inpatient records lacking medication sheets were excluded.

Data collection:

The hospital medication sheets document the interventions, at the drug level, checked for interactions and identified using the Medscape interaction checker and the given code from PCNE.²⁰ At the patient level, differences such as offering proper patient counseling and if written information was provided to the patient according to the given code from PCNE. Additionally, at the hospital level, the pharmacist recorded the interventions into patient's medication records to ensure patient safety and improve the quality and continuity of care. Also, whether or not the prescription order was checked regularly by the pharmacist to ensure the correct medication, in addition to

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DOI:

the counseling notes to the patient and health care providers.

Acceptance by physicians:

Acceptance by physicians and implementation to PIs was evaluated. The physician (specialists response subspecialist) as an online form-based survey towards PIs. Using the primary domain of (acceptance of the Intervention proposals) from PCNE, responses were divided to: Intervention accepted and fully implemented, intervention accepted but not implemented, and Intervention not accepted: unknown reason.

Statistical analysis was performed using Microsoft Excel2013. Data are expressed as number and percentages. Chi-square test was used to compare percentages.P-value of <0.05 was considered statistically significant.

RESULTS:

Status of pharmacist intervention in the medication sheet:

A total number of (562) medication sheets collected from multiple wards of different hospitals, PIs represent only (23.5%) of total sheets with a significant difference from sheets without any interventions(P<0.001), table 1.

Statistical analysis:

Table 1: Status of pharmacist intervention in the medication sheet

| Medication sheet | N | % | P-value |
|------------------------------|--------------|----------------|---------|
| Intervention No intervention | 132 430** | 23.5% 76.5% | < 0.001 |
| Total | 562 | 100% | |

Data presented as number (n) and percentage (%); **P-value < 0.001 is considered highly significant

Distribution of pharmacist intervention (PIs) among hospital wards:

The distribution of PIs per wards is shown in table 2. Medication sheets of the emergency and CCU represent the majority of PIs (64.4%), followed by medication sheets of surgical ward (18.9%), and the least interventions were found among medication sheets of internal medicine ward (16.6%). There was a significant difference between PIs among inpatient medication sheets (P< 0.01).

Table 2: Distribution of PIs among hospital wards

| Hospital Wards | N | % | P-value |
|-------------------|------|-------|---------|
| Surgery | 25 | 18.9% | < 0.001 |
| Internal Medicine | 22 | 16.6% | |
| Emergency/CCU | 85** | 64.4% | |
| Total | 132 | 100% | |

Data presented as number (n) and percentage (%); **P-value < 0.001 is considered highly significant

Causes of drug-related problems in medication sheet:

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DOI:

Drug-related problems that may arise in hospital settings such as administration and dosing errors (32.4%), unavailability of the indicated drug (15.5%), and drug-drug interaction (9.5%). Other DRPs include lack of drug information and laboratory monitoring (20.9%). Additionally, drug allergy, no drug prescription or unnecessary drug, and adverse drug reaction were identified from a total amount of (148) medication sheets, table 3.

Table 3: Causes of drug-related problems

| Duna Dalated Duckland | NT | 0/ |
|---|-----|-------|
| Drug-Related Problems | N | % |
| Adverse Drug Reaction | 3 | 2.02% |
| Drug-Drug Interaction | 14 | 9.5% |
| Inappropriate Administration And Dosage | 48 | 32.4% |
| No Drug Prescription | 10 | 6.8% |
| Unavailability of Drug | 23 | 15.5% |
| Unnecessary Drug | 7 | 4.7% |
| Drug Allergy | 12 | 8.1% |
| Others (Request For Drug Information, Drug-Lab Interaction) | 31 | 20.9% |
| Total | 148 | 100% |

Data presented as number (n) and percentage (%)

Types of Pharmacist interventions among hospital wards medication sheet

The surgical ward medication sheets documented the PIs at the drug level mainly providing unavailability of the indicated drug (36%), suggesting the addition of new drugs postoperatively (24%), adjustment of dose and administration dose (8%), and recording adverse reaction and drug allergy, suggesting alternative or drug discontinuation represents (4%). Also monitoring post-operative laboratory test was seen in (16%) of medication sheets, Table 4.

The PIs in internal medicine ward medication sheets documented drug allergy (31.8%), the recommendation for changing treatment and laboratory monitoring (13.6%), suggesting alternative or new drug, and detecting adverse drug reaction represents (9.1%), and providing unavailability of the indicated drug, suggesting to discontinue drug and adjustment of dose and administration represents (4.5%).

The emergency/CCU medication sheets documented several PIs at the drug level mainly adjustment of dose and administration (35%), detecting drug—drug interactions (16%), recommendation for changing dosage form (11.7%), addition of new drugs and discontinuation of drugs (9.4%), monitoring laboratory test was seen in (8.2%) of medication sheets, recommendation for changing therapy (5.8%), and suggesting alternative drug was (3.5%).

ISSN (Print):1992-9218, ISSN (Online):1992-9218

DOI:

Table 4: Types of pharmacist interventions in medication sheet

| Type of Intervention | Surgery | | Internal Medicine | | Emergency /CCU | |
|--|---------|----------|----------------------|----------|-------------------|----------|
| | N | % | N | % | N | % |
| Recording Adverse Drug Reaction | 1 | 4% | 2 | 9.1% | 0 | 0% |
| Recording Drug Allergy | 1 | 4% | 7 | 31.8% | 0 | 0% |
| Adjustment of Dose And Administration | 2 | 8% | 1 | 4.5% | 30 | 35% |
| Recording Drug-Drug Interaction | 0 | 0% | 0 | 0% | 14 | 16.4% |
| Recommendation For Dosage Form Change | 0 | 0% | 0 | 0% | 10 | 11.7% |
| Providing Unavailable Indicated Drug | 9 | 36% | 1 | 4.5% | 0 | 0% |
| Suggestion For Drug Alternative | 1 | 4% | 2 | 9.1% | 3 | 3.5% |
| Suggestion For New Drug | 6 | 24% | 2 | 9.1% | 8 | 9.4% |
| Suggesting To Discontinue Drug | 1 | 4% | 1 | 4.5% | 8 | 9.4% |
| Recommendation For Change Therapy | 0 | 0% | 3 | 13.6% | 5 | 5.8% |
| Monitoring Lab Test | 4 | 16% | 3 | 13.6% | 7 | 8.2% |
| Total | 25 | 100% | 22 | 100% | 85 | 100% |

Data presented as number (n) and percentage (%)

Counseling of patient and health care providers:

A total of 295 counseling and recommendations to patients and health care providers at physician and nursing staff levels were implemented and documented in all medication sheets collected with or without interventions. Counseling health care providers at all levels represent (29.5%), drug administration recommendations to the nurse and care providers represents (28.8%), providing drug information to all levels (24.4%), finally, patient education about proper drug usage was (17.2%), Table 5.

Table 5: Counseling patient and health care providers

| Type of Pharmacist Interaction | N | % |
|-----------------------------------|-----|-------|
| Health Care Counseling | 87 | 29.5% |
| Patient Education | 51 | 17.2% |
| Providing Drug Information | 72 | 24.4% |
| Administration Counseling | 85 | 28.8% |
| Total | 295 | 100% |

Data presented as number (n) and percentage (%)

Status of acceptance per intervention proposal:

The pharmacists received 64 physician responses (specialists and subspecialists) as an online form based survey towards PIs recorded in a sample of medication sheets uploaded on the survey

ISSN (Print):1992-9218, ISSN (Online):1992-9218

DOI:

form. The physicians accepted the intervention proposal (28.13%) of the pharmacist recommendations, and physicians accepted intervention but not implemented (65.63%), finally only (6.25%) of the physicians did not accept pharmacist intervention of unknown reasons. The results revealed a significant level of physician acceptance towards PIsbut not implemented until discussing the rationale of the recommendations (P<0.001), table 6.

Table 6: Status of acceptance per intervention proposal

| Status of Acceptance | N | Percentage | p-value |
|---|------|------------|---------|
| Intervention accepted and fully implemented | 18 | 28.13% | < 0.001 |
| Intervention accepted, but not implemented | 42** | 65.63% | |
| Intervention not accepted: unknown reason | 4 | 6.25% | |
| Total | 64 | 100% | |

Data presented as number (n) and percentage (%); **P-value < 0,001 is considered highly significant

DISCUSSION:

A part of a clinical pharmacist job in a health care system is to identify and suggest or interfere in a professional way to correct any medication errors that could interfere with the patient's quality of life and hence to provide better treatment regimens, their role now becomes more prominent.²¹As in the United States, Irappharmacists are now seeking for more opportunities to improve patient careas being a member of the health care team.²²As well, a new training program has to be adopted by medical education institutes to prepare professional boardcertified clinical pharmacists as specialists to cope with the advances in all medical fields, ¹²the competence allowing pharmacist to review and document his intervention in the order sheet for treatment and medication forms (as a part of Iraqi Ministry of Health medical record containing a number of forms), listing daily medications ordered given with signatures of the doctor and the nurse who administers it. 23

Assuming that all the medication sheet to be processed correctly and actively according to the hospital regulations by all health care members including the pharmacist in charge, this study finds out the actual interference of the clinical pharmacist in a sample of hospitals in Iraq through observation and recording the PIs in medication sheet. Also to highlight the magnitude of DRPs in the healthcare system along with the role of clinical pharmacists in terms of approaching and managing these problems.

Pharmacist intervention, in the present study, represents only (23.48%) of total medication sheets among different inpatient wards, predominantly, medication sheets of the emergency and CCU which included the majority of PIs (64.4%). It is estimated that (10–30%) of hospital admissions associated with DRPs which can be prohibited by pharmacists through providing appropriate pharmaceutical interventions.²⁴ In a descriptive cross-sectional study done in Basrah General Hospital, precise documentation of the medication history and

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notes related to the patient's response to drugs is very crucial especially for the admitted patients, and having incomplete documentation of this vital information might result in undesirable treatment interrelated problems, a higher percentage badly (86.19%) of the documented pharmacological history was found.²⁴Another study which included 304 admitted patients of two hospitals in Utrecht-Netherlands, documenting pharmacological history of admitted patients was found to be often incomplete with (61%) of the patients' records.²⁵

Medical problems and DRPsare often consider to be overlapped, for example, any medical problem (disease, syndrome, or symptom) can be prevented, cured, or exacerbated by medications. Likewise, a **DRPs** (hypersensitivity reactions: idiosyncratic reactions; toxic reactions or adverse reactions) can cause or aggravate a medical problem in a way. 26 Accordingly, the patient re-counseling and reviewing his medical history by the clinical pharmacist beside implementation of an integrated medication therapy management (MTM) identify DRPs, thus improving medication use and optimize patient outcomes.

In the present study, the majority of DRPs that may arise in hospital settings such as administration and dosing errors (32.65%), unavailability of indicated drug (15.6%), and drug-drug interaction (9.5%). Other DRPs include a lack of drug information and monitoring (20.9%). laboratory prospective study of PIs conducted in France, (42.2%)of the pharmacists' recommendations were related to drug (drug switch (22.2%),discontinuation (16.3%), addition of a new drug (3.7%) followed by dose adjustment (23.8%), optimization of administration (21.9%); change of administration route

(10.3%), administration modalities (11.6%), and need for drug monitoring (12.2%).²⁷ reported in a retrospective Findings observational study revealed that the most common causes for pharmacist intervention in ICU were inappropriate dosage and administration (34.5%), followed by PN/EN problems (18.3%), and adverse drug reactions (11.9%). 28 Another observational of a prospective hemodialysis patients, the types of DRPs identified according to the latest Pharmaceutical Care Network Europe classification were as follows: Failed therapy (18.69%); sub-optimal therapy (52.23%);an indication of nonadministration of therapy (2.37%); and nonallergic adverse drug effects (26.71%).²⁹It is worth noting that unavailability of indicated drugs and requesting of drug information were not reported in the previous studies highlighting some shortage in optimum health care requirements in our hospitals.

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The majority of PIs in the surgical ward medication sheet deal with the unavailability of the indicated drug (36%) particularly the postoperative antibiotic of choice, also the addition of new drugs postoperatively [6 postoperative prophylaxis ceftriaxone plus insulin or G/S) instead of the preoperative single-dose prophylaxis regimen]. Moreover, perioperative dose adjustment (8%) was mainly noted in insulin dosing. Adverse drug reactions and allergic reactions were reported [1 case discontinuation of ceftriaxone due to allergic reaction], and [1 case of recording adverse drug reaction with nausea and vomiting caused by tramadol injection].

The interventions of internal medicine ward medication sheet documented by pharmacist include the followings; Recommendation for new drugs or changing treatment [3 cases of changing therapy (switching from ceftriaxone and administration of Web Site: https://jmed.utq.edu.iq
ISSN (Print):1992-9218, ISSN (Online):1992-9218
DOI:

meropenem plus metronidazole due to cephalosporin's allergy)], [1 case addition of paracetamol vial, and 2 cases of addition of metoclopramide ampule as an antiemetic agent to prevent the side effect of tramadol injection],[2 cases administration of 5 units of regular insulin],[1 case discontinue of both ceftriaxone vial and azithromycin]. Adjustment of dosing was noted in 1 case, and drug replacing unavailable drug in 1 (omeprazole case was replaced esomeprazole). Another intervention was related to drug allergy, adverse drug reaction and drug-drug interaction[7 cases with particularly penicillin cephalosporin allergy], [2 cases reported with nausea and vomiting associated with tramadol injection], [one major or moderate drug-drug interaction with warfarin]. Lab and drug monitoring was identified as well [2 cases of checking blood glucose level and potassium levels in type 1 DM patients], [monitor liver function test for ceftriaxone vial]. Fluctuation in INR level was also monitored [1 case reported that fenofibrate caused increasing in INR level,1 case showed that thyroxin caused fluctuation in INR level,1 case reported that jaundice occurred as new illness which caused critical increasing of (INR level > 5.2), and 1 case showed that chronic infectious diarrhea occurred which increased (INR level to 4.7). In a study done in central hospital of S. Francisco reportedPIs was implemented for three main categories: drug, dosage and administration related antibacterial (25%) and for the central nervous system (24%) and cardiovascular system (18%) [Namely, 18% concerned acetaminophen, (13%)enoxaparin and (10%)amoxicillin/clavulanic acid], the highest acceptance rate was for dosage adjustment according to the rapeutic indication (58.1%) and renal function (57.4%). Other chart review study by the University of Oklahoma

city to estimate (66) interventions were reported, approximately (45%) of these interventions related to drug usage, and (21%)was related to pain management. Application of new therapy and treatment plan changes were the most common outcomes (42% and 32%, respectively), interventions related to drug usage or pain management each approached a (93%) acceptance rate.³¹

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In a previous study, the most frequent DRPs recorded in general internal medicine, were drug interactions (21%),untreated indications (18%), overdosages (16%) and drugs used without a valid indication (10%) [Drugs most frequently involved were tramadol, antidepressants, acenocoumarol, calcium-vitamin D, statins, aspirin, proton pump inhibitors and paracetamol]. The acceptance rate of prescribers was (84%) and their satisfaction was high.³²Also in an Ethiopian study, the most frequent DRPs recorded were undue therapy(24.2%); needs further therapy (22.8%) and patient noncompliance (19.5%). While the most frequent interventions were to change the dose or the instructions of use (15.4). The acceptance rate by physicians was $(68.4\%)^{33}$

PIs Moreover, recorded in the emergency/CCU medication sheet were as follows; Pharmacist recommendations in the current study reported dosing change in 30 sheets (35%). Detection of drug interaction in 14 patients (16.4%) particularly the [digoxin with metoprolol, nebivolol, aspirin, captopril, or warfarin with cordaron]. Changing therapy due to pharmacokinetic advice (5.8%) [5 cases for patients with acute kidney injury]. The adjustment of drug dosage and frequency and administration were recommended as (11.7%) of the total intervention of emergency/CCU such that [10cases carvedilol twice daily instead of once, and adjust warfarin dose according to

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ISSN (Print):1992-9218, ISSN (Online):1992-9218
DOI:

INR, etc.). Initiate new medication (9.4%)mainly [8 cases starting ACEI or any first-line drug in the four stages of heart failure treatment], and recommendation to discontinue medication (9.4%) (In 8 cases spironolactone temporary discontinued). Alternative drug suggestions (3.5%) were noticed in [3 cases particularly switching to ARABs instead of ACEI because of dry cough].

In previous studies, most PIs requests occurred during multidisciplinary rounds in the ICU, the predominant interventions were of drug dosage and administration adjustment (26.0%), and the provision of drug information (18.1%), indicating that the pharmacist recommendations were proactive^{34,35} and both were the key activities in the current study as well.

well known that pharmacist interventions in the CCU focus on providing the patient with full drug information, providing therapeutic consultation cardiovascular and non-cardiovascular conditions, antibiotics regimen adjustment, as well as avoidance of drug interaction and duplicative drugs, and thus improvements in the quality of life. 36a previous study established that during hospitalization in CCU, the clinical pharmacist can enhance dosage adjustment of inotropic agents, suggesting can aid in reducing potential mortality or discontinuation contraindicated medicines. Also can help identifying any potential drug interactions, wrong doses, allergies, and other important jobs of pharmacist can improve patient outcomes.³⁷ without PIs errors in medication prescribing can lead to adverse patient unplanned hospital routcomes and admissions that might be directly linked to medication problems.³⁸

Clinical pharmacists, as they are experts in the therapeutic use of medications, they routinely supply the patients and all health care staff with medication evaluations and recommendations.³⁹ In the current study, counseling health care providers at all levels represents (29.5%), drug administration recommendations to the nurse and care providers represents (28.8%), providing drug information to all levels (24.4%), finally, patient education about proper drug usage was (17.2%).

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Results of the current study revealed a significant level of physician acceptance (65.63%)towards PIs but not implemented until discussing the rationale of the recommendations (*P*<0.001). Matching findings identified about(92%) of all PIs were either fully or partially accepted by the physician; where partial acceptance was defined as the implementation of recommendation pharmacist with adjustment.³²In large tertiary university hospital in Korea, the acceptance rate of PIswas (84.1%) with most accepted by physicians within 24 hours (92.8%). 40 other results of PIs in French hospitals reported physicians acceptance rate of(73.4%)(15.3% refusals and 11.3% adjustment).²⁸A recent study reported that the majority of PIs proposed over the telephone were accepted by physicians of a total of 599 interventions, resulting in an acceptance rate of (71.2%). 31,41 PIs in a previous study in Iraqi hospital revealed physician's implemented (37.4%)proposed interventions.⁴²

CONCLUSION:

Nowadays, improvement in patients' safety has always been the goal of health-care systems in most countries. This retrospective pilot study confirmed the obvious incompleteness of documenting the majority of clinical pharmacist medication sheet for the inpatient particularly in the surgery ward. Hence a hospital-based periodic random assessments by a group of trained

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Email: utjmed@utq.edu.iq

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DOI:

personnel with medical record documentation completion is highly recommended to be implemented by the hospital Quality Assurance Unit.

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CONFLICT OF INTEREST:

The authors declared no financial or non-financial conflict of interest.

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التقييم بأثر رجعي لاكتمال توثيق استمارات الأدوية الصيدلانية السريرية من عينة وحدات الرعاية الصحية العراقية ؛ دراسة الطيار

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الملخص

الخلفية والهدف:

يعد توثيق السجلات الطبية مطلبًا قانونيًا ومهنيًا مهمًا لجميع المهنيين الصحيين للتأكد من أن الأدوية الموصوفة للمرضى تساهم في أفضل النتائج الصحية الممكنة، وكان الهدف الرئيسي هو تقييم مستوى اكتمال التوثيق لأوراق الأدوية في أجنحة المرضى الداخليين المختلفة في المستشفيات العراقية، أيضا لتحديد اتجاهات التدخل الصيدلاني السريري المرتبطة بالمشاكل المتعلقة بالأدوية (DRPs)، ولتقدير حالة قبول الطبيب للتدخل المقترح.

طرق العمل:

دراسة بأثر رجعي أجريت في عدد من المستشفيات المختارة عشوائياً كمراكز متعددة؛ تكونت العينة من عدد من استمارات ملخص الأدوية العشوائية لكل جناح، تم تسجيلها أثناء عملية التحقق من صحة طلب الدواء وتم تحديد DRPs المشاكل الدوائية. الخصائص الديمو غرافية للمريض، والأدوية التي تنطوي على نوع الردهة، ووصف DRPs، وتوصيات الصيدلي، وما إذا تم قبول التوصيات من قبل الطبيب أم لا.

النتائج:

اجمالي عدد (562) من أوراق الأدوية التي تم جمعها من أقسام متعددة من مستشفيات مختلفة، يمثل التدخل الصيدلاني (562) فقط من إجمالي أوراق الأدوية عبر الردهات المتعددة مع التركيز على 3 مستشفيات ، استمارات الأدوية للطوارئ ووحدة العناية المركزة شملت غالبية التدخلات الصيدلانية مستشفيات ، تليها استمارات الأدوية الخاصة بجناح الجراحة (18.9٪) ، وأقل تدخّل في أقسام الأدوية في جناح الطب الباطني (16.6٪). المشاكل المتعلقة بالأدوية التي قد تظهر في المستشفيات هي بشكل رئيسي هي أخطاء الصرف (32.65٪) ، عدم توفر الدواء المشار إليه (15.64٪). تم تنفيذ ما مجموعه 295 استشارة وتوصية للمرضى ومقدمي الرعاية الصحية على مستوى الأطباء وموظفي التمريض و موثقة.

الاستنتاج:

اكدت هذه الدراسة التجريبية بأثر رجعي النقص الواضح في توثيق غالبية استمارات الأدوية الصيدلانية السريرية للمرضى الداخليين خاصة في جناح الجراحة.

كلمات المفتاح:

استمارات الدواء؛ المشاكل المتعلقة بالأدوية ؛ قبول الطبيب ؛ تدخلات الصيدلي