

# The Activity of *Salvadora Persica* Extracts as Antioxidant and Antimicrobial

Hala Sabry Al-Atbi<sup>1\*</sup>

<sup>1</sup> Department of Chemistry, College of Science, University of Basrah, Basrah, Iraq.

\*Corresponding author: [hala.nejim@uobasrah.edu.iq](mailto:hala.nejim@uobasrah.edu.iq).

## Abstract

Herbal medicine is an effective treatment for many diseases that are intractable to traditional medicine. *Salvadora persica* L. is an extensively utilized plant by many Arab populations worldwide due to its varied medical benefits. The study looks at plant roots' antimicrobial and free radical scavenging properties of flavonoid, glycoside, and alkaloid extracts. The activity of the extracts was evaluated for *Escherichia coli*, *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Candida albicans*. Based on the findings, the three extracts recorded no activity towards the selected microorganisms except the flavonoid extract which showed an efficacy close to that of amoxicillin against *Staphylococcus aureus* and *Escherichia coli* growth with inhibition zones 14mm and 15mm respectively. Inhibiting lipid peroxidation was more successfully accomplished by flavonoid extract which recorded 50% compared to standard compound BHT (60%), the glycoside and alkaloid extracts exhibited noticeable activity as antioxidant with 27% and 18.4 % inhibition.

**Keywords:** *Salvadora persica*, Miswak, Antimicrobial, Antioxidant, Flavonoids.

## 1.Introduction

*Salvadora persica* L. (family: Salvadoraceae), also known locally as miswak, toothbrush tree, and peelu is an old native plant that may be found in nations all over the world, including Oman, Yemen, Saudi Arabia, and Jordan, as well as, Sri Lanka, Pakistan, India, and Iran. A mushy pink fruits, slightly rough bark, large crown of curving branches, a stem that is greyish-brown, and greenish-yellow blooms are all features of this evergreen tree [1-3]. one of the plant's principal traditional uses is using the root as stick for cleaning teeth which is an ancient widespread custom. As a useful tool for maintaining dental hygiene, chewing sticks have received recommendations and encouragement from the World Health Organization and miswak is the most widely used of the 182 plant species appropriate for making toothbrushing sticks[4,5]. Other use for the plant include the treatment of gonorrhoea, ulcers, chest diseases, stomachaches, headaches, spleen issues, and boils. Using the root drink can help mothers produce more milk [6]. Bark latex of plant is useful for healing skin wounds. The plant's leaves are also used for treatment of cough, piles, piles-related pain, stomachache, tooth disorders, bodily pain, and to cure wounds. There is a strong belief that the honey from *S. persica* has a high therapeutic value

and that honey bees find the flowers to be a rich source of nectar. The seeds are consumed as a tonic, and the seed oil is applied topically to cure rheumatism, lumbago, and joint discomfort. Additionally, it has been used to treat worms, malaria, fever, and edema. Women utilize the plant juice as a female contraceptive [6-8]. Many studies reported that *S. persica*'s portions contain a variety of bioactive organic and inorganic substances: alkaloids, terpenes, saponins, beta-sitosterol and glucosides, cyanates, amides, pyrrolidine, pyrrole and piperidine derivative, resin, salvadorine, tannins, terpenoids, sterols, salvadorena, flavonoids, and vitamin C, and the fatty acids (stearic, linoleic and oleic acids) [9]. Also the plant contain Na, Ca, S, K, P, F, Mn, Mg, Si, NaCl, and KCl [10-12]. According to these diverse compounds, the plant has many biological activities. Many studies demonstrated the anti-microbial activity of *Salvadora persica* against *Pseudomonas aeruginosa*, *Lactobacillus*, *Bacillus subtilis*, *Staphylococcus aureus*, *Aspergillus niger*, *Streptococcus mutans*, *Candida albicans*, *Escherichia coli*, *Proteus vulgaris* and *Lactobacillus brevis*. Additionally, this plant has been utilized in many fields, including anticancer, wound curing, radical scavenger, antiulcer, anticonvulsant, antifertility, anti-inflammatory and hypolipidemia properties. Also, the plant is used in food, cosmetic and fuel fields [13-15]. The aim of this study is determination the activity of flavonoid, alkaloid and glycoside extracts of miswak root as antimicrobial and antioxidant.

## 2. Materials and Methods

### 2.1 Plant material

The miswak sticks used in this investigation were purchased from a medicinal herb market. The classification of plant was carried out by biology department in sciences college as described as follows: Kingdom: Plantae. Class: Magnoliopsida. Order: Brassicales. Family: Salvadoraceae. Genus: *Salvadora*. Species: *Salvadora Persica* L. The plant was taken and pulverized, and the powder was kept until it was required.

### 2.2 Reagents

Ethyl alcohol, methyl alcohol, lead acetate, HCl, acetone, ethyl acetate, acetic acid, sulphuric acid, ammonium hydroxide, chloroform, n-butanol, sodium chloride, DMSO,  $\beta$ -carotene, linoleic acid, Tween 20 and BHT. All of the reagents and solvents used were acquired from Sigma-Aldrich and are of the highest quality possible.

### 2.3 Ethyl alcohol Extract

5 grams of crushed miswak root were mixed with 50ml of 70% ethanol in room temperature for 12 hours. The precipitate was removed by filtering and the filtrate used for the preliminary qualitative testing measurements [16].

### 2.4 Qualitative phytochemical screening

Phytochemical analysis of *S. persica* extract was done to identify its various components such as; flavonoids, tannins, proteins, amino acids, glycosides, alkaloids, triterpenes, and saponins.

### **2.5 Extraction of Flavonoids(F):**

17gm of Miswak mixed with 200 ml of 70% methyl alcohol and stirring at room temperature for 24 hours. Then, the extract filtrate mixed with 1% aqueous lead acetate. The formed precipitate was split up by filter paper and treated with (10 mL 2N HCl and 50 mL acetone), again the mixture filtered and the filtrate dried in room temperature to get about 0.1gm of amorphous powder which diluted in water (25 ml) and extracted by ethyl acetate (2x25ml), the collective ethyl acetate parts were dried to afford 0.2gm( the yield 1.2%)[17].

### **2.6 Extraction of Alkaloids(A):**

On a water bath, about 17grams of miswak were mixed with 250 ml of (ten percent acetic acid in EtOH) for 24 hours. Then, the filtrate was concentrated till 15mL and a few drops of 2% sulphuric acid was added. Then, the filtrate basified till arriving to pH 9 with ammonium hydroxide and extracted with 25 ml chloroform for 3 times. The collective chloroform parts were evaporated and gave about 0.1gm( the yield 0.6%)[ [18].

### **2.7 Extraction of Glycosides(G):**

17 grams of dried miswak were admixed with 150 ml of 2% acetic acid, heated for 8 hours over a water bath while stirring, filtered, and the filtrate was extracted using n-butanol that had been pre-saturated with sodium chloride [19]. 0.15 gm was obtained by evaporating the butanol portion in air( the yield 0.9%).

### **2.8 Antimicrobial Activity:**

Antimicrobial properties of the extracts were tested in vitro using agar well diffusion assay. *Staphylococcus aureus* as Gram-positive bacterium, *Pseudomonas Aeruginosa* and *Escherichia coli* as Gram-negative bacteria, *Candida albicans* was a fungal pathogen. On the surface of Nutrient agar N.A medium and Sabouraud dextrose agar (S.D.A) medium, 0.2 mL of bacterial and fungal inocula were positioned, respectively. DMSO was used to dissolve the samples at a concentration of 0.03g/mL used for the extracts and reference medication. The samples were inserted in central pore, fungal plates were incubated at (25± 2°C) for 24 hours whereas bacterial plates incubated at (37 ± 2°C) for 24 hours [20]. Inhibition zones measured in millimeter units.

### **2.9 Determine the Antioxidant activity of extracts**

The anti-oxidation activity of the three extracts was evaluated using the oxidative losses of a -carotene/linoleic acid emulsion. Tween 20 and linoleic acid were mixed in a round flask along with 1 ml of -carotene (0.2 mg/ml in chloroform). 50 ml of distilled water was added after the chloroform had evaporated, and 3.8 ml of this mixture was dosed with 0.2 ml of the test sample and the reference material (butylated hydroxyl toluene, or BHT), with the absorbance at 470 nm

being recorded. After that, the samples were heated to 45 °C for two hours in a water bath, and the absorbance was measured every 15 minutes [21]. To calculate antioxidant activity (AA), the following equation was used:

$$\%AA = 100\{1 - [A_i - A_t / *A_i - *A_t]\}$$

Where  $A_i$ : initial sample absorbance,  $A_t$ : final sample absorbance after (105)min,  $*A_i$ : initial control absorbance,  $*A_t$ : final control absorbance after (105)min.

### 3. Result and Discussion

#### 3.1 Extraction and phytochemical screening

The plant material was extracted using 70% ethanol which gave a percentage yield of 24 %. Then in the phytochemical screening of the dried root of miswak it revealed the presence of flavonoids, tannins, glycosides, amino acids, alkaloids, saponins, terpenoids, and carbohydrates and absent the protein [The results could be seen in Table 1].

**Table( 1): Preliminary Tests on the Ethanol Extracts.**

| Active Part   | Reagent                       | Result |
|---------------|-------------------------------|--------|
| Alkaloids     | Dragendorff                   | +      |
| Flavonoids    | Ethanolic Potassium Hydroxide | +      |
| Glycosides    | Molish Test                   | +      |
| Proteins      | Biuret Test                   | -      |
| Amino Acid    | Ninhydrin Test                | +      |
| Saponins      | Mercuric Chloride             | +      |
| Tannins       | -Ferric Chloride              | +      |
|               | -Lead Acetate                 | +      |
| Triterpenoids | Chloroform+Sulfuric Acid      | +      |

#### 3.2 Antimicrobial Activity

The well agar diffusion method used to evaluating the antibacterial and antifungal action of the studied extracts against some pathogens (*Ps. Aeruginosa*, *E.coli*, *S. aureus* and *C.albicans*). The results are presented in Table 2. When compared to the standard drug amoxicillin, the flavonoid extract had good activity against some microbes, with inhibition zones of 14 and 15mm for *S. aureus* and *E.coli*, respectively, with no activity towards *C.albicans*. The glycoside and Flavonoids are the most common type of polyphenol, and they have a variety of biological functions comprising antibacterial, anti-inflammation anti-oxidation, anti-cancer, and cardiovascular protection[16]. Flavonoids' antibacterial action against Gram-negative and Gram-positive bacteria is becoming more well-known. Many research groups have screened crude plant extracts with a history of folk medicinal use for antibacterial activity. This activity can be carried out in three means: reducing bacterial pathogenicity, directly killing bacteria, and

activating antibiotics synergistically. There are two mechanisms to work when flavonoids interact with bacterial lipid bilayers. The first is linked to the partition of non-polar chemicals in the membrane's hydrophobic interior, while the second is linked to the formation of hydrogen bonds at the membrane interface between the more hydrophilic flavonoids and the polar head groups of lipids [16-18]. alkaloid extracts had no activity against studied microbes.

Variations in the rate of penetration within the cell wall and cell membrane architecture of bacteria could explain the disparities in susceptibility to extracts among the test species[19].

**Table( 2): The Activity of Extracts as Antimicrobial**

| Sample        | S. Aureus | E.Coli | Ps. Aeruginosa | C.Albicans |
|---------------|-----------|--------|----------------|------------|
| A (Alkaloid)  | 0         | 0      | 0              | 0          |
| F (Flavonoid) | 14        | 15     | 0              | 0          |
| G (Glycoside) | 0         | 0      | 0              | 0          |
| Amoxicillin   | 12        | 15     | 45             | ---        |
| Nystatin      | -----     | ----   | ----           | 35         |

### 3.3 Antioxidant Activity

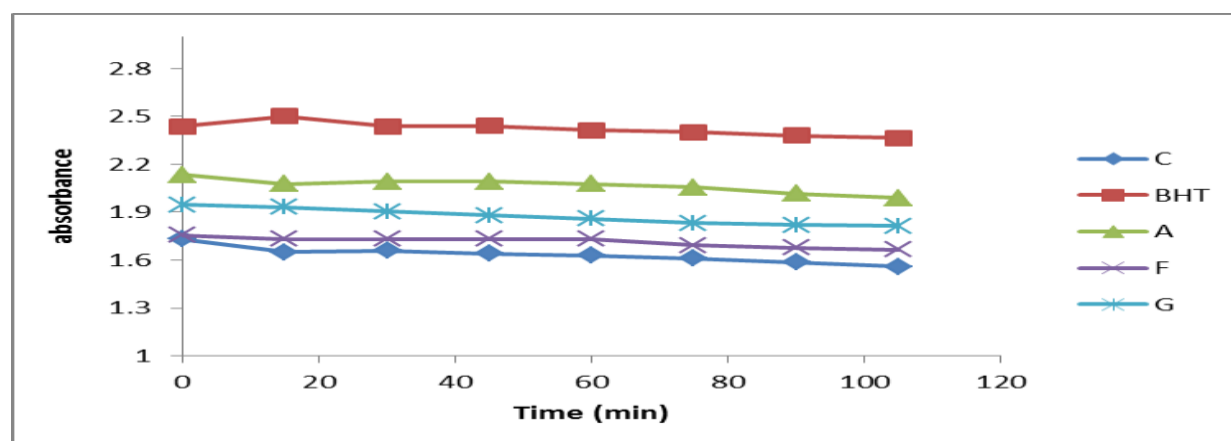
The antioxidants activity of the three extracts was established using the  $\beta$ -carotene bleaching process, which was constructed on the relationship between absorbance and time as presented in Table 3 and figure1, and compared the results to BHT, that used as a standard due to its phenolic structure and has been used in several food systems, the results demonstrated that the highest percent reduction of lipid peroxidation belong to flavonoids extract which was 50% compared to reference BHT (60%), this is due to the presence of excess phenolic hydroxyl groups, which might rise antioxidant activity[20]. In addition, the glycoside extract has a moderate antioxidant activity (27%) compared to BHT, however the alkaloid extract has a lower antioxidant activity (18.4%). Flavonoids have the ability to prevent and quench the production of reactive oxygen species (ROS) [21], which are created by external harm or caused during normal oxygen metabolism and causing damage to body cells and tissues. One way that free radicals appear to disrupt biological processes is by lipid peroxidation, which damages cellular membranes. Due to the cellular damage, the net charge of the cell changes, changing the osmotic pressure, resulting in swelling and ultimately cell death. Reactive oxygen species can be avoided by living organisms by using a variety of effective defense mechanisms[22]. Flavonoids are oxidized by radicals, producing a more stable, less reactive radical as a result. Radicals are rendered inactive by the strong reactivity of the hydroxyl groups in flavonoids. According to the following equation, the radical molecule will get a hydrogen atom from the free hydroxyl group, which will stabilize it and produce a relatively stable flavonoid phenoxyl radical [22,23].

$$\text{Flavonoid(OH)} + \text{R}\cdot = \text{flavonoid(O}\cdot\text{)} + \text{RH}$$

Also, the antioxidant activity of the alkaloids and glycosides have been demonstrated in several studies [24-27].

**Table( 3): Effectiveness of extracts as antioxidants compared with BHT**

| Sample        | Ai    | At    | *Ai  | *At   | Aa%  |
|---------------|-------|-------|------|-------|------|
| Bht           | 2.436 | 2.364 | 1.73 | 1.559 | 60   |
| A( Alkaloid)  | 2.135 | 1.988 | 1.73 | 1.559 | 18.4 |
| G(Glycoside)  | 1.946 | 1.813 | 1.73 | 1.559 | 27   |
| F (Flavonoid) | 1.756 | 1.665 | 1.73 | 1.559 | 50   |



**Figure. (1) Antioxidant action of glycoside (G), flavonoid (F) and alkaloid (A) extracts.**

#### 4. Conclusions

The results show that the flavonoid extract of Miswak has good antibacterial activity against gram negative and gram positive bacteria, indicating that the extract could be used as a natural antibiotic. Additionally, the three extracts of miswak, particularly the flavonoid extract, showed antioxidant activity, indicating that they could be used as natural antioxidants for medicinal and commercial purposes.

#### References

- 1- A. Nordin, A. Bin Saim, R. Ramli, A. Abdul Hamid, NW. Mohd Nasri, and R. Idrus, Miswak and oral health: An evidence-based review Saudi J. Biol. Sci.,; 27: 1801–1810. (2020).
- 2- R. Ahmadi, B. Ghanbarzadeh, A. Ayaseh, HS. Kafil, H. Ozyurt, A. Katourani, and A. Ostadrahimi, The antimicrobial bio-nanocomposite containing nonhydrolyzed cellulose nanofiber (CNF) and Miswak (*Salvadora persica* L.) extract. Carbohydr. Polym. (2019).
- 3- A. Sharma, P. Ranga, S. and Sharma, Efficiency of Miswak as an oral hygiene aid among the madrasa going children of Nuh – A socioeconomically disadvantaged district of India.; Saudi J Oral Sci., 9:27-31. (2022).



- 4- S. Mohamed and J. Khan, Antioxidant capacity of chewing stick miswak *Salvadora persica*. *BMC Complement Altern. Med.*, 13:40. (2013).
- 5- M. Al-Ahmari, A. Alzahrani, F. Al-Qatarneh, M. Al Moaleem, M. Shariff, S. Alqahtani, A. Porwal, F. Al-Sanabani, and T. AlDhelai, Effect of Miswak Derivatives on Color Changes and Mechanical Properties of Polymer-Based Computer-Aided Design and Computer-Aided Manufactured (CAD/CAM) Dental Ceramic Materials.; *Med Sci Monit.*, 28: e936892 .(2022).
- 6- M. Al Bratty, H. Makeen, H. Alhazmi, S. Syame, A. Abdalla, H. Homeida, S. Sultana, W. Ahsan, and A. Khalid, Phytochemical, Cytotoxic, and Antimicrobial Evaluation of the Fruits of Miswak Plant, *Salvadora persica* L. *J. Chem.*, 4521951, 11.( 2020).
- 7- H. Ramli, T. Mohd-Dom, and S. Shahida Mohd-Said, Clinical benefits and adverse effects of siwak (*S. persica*) use on periodontal health: a scoping review of literature. *BMC Oral Health.*, 21, 618. ( 2021).
- 8- M.Z. Aumeeruddy, G. Zengin, and M.F. Mahomoodally, A review of the traditional and modern uses of *Salvadora persica* L. (Miswak): Toothbrush tree of Prophet Muhammad.; *J. Ethnopharmacol.* 213: 409–444. (2018).
- 9- M. Toutou, A. Soliman, M. Elokaby, M. Abdel-Rahim, A. Abouelwafa, and A. Yones,, The potential antimicrobial effects of dietary supplementation with Arak, *Salvadora persica*, on growth, health status, and pathogenic bacterial loads in Nile tilapia, *Oreochromis niloticus* fingerlings. *Egypt. J. Aquat. Res.* 45 :251–257. (2019).
- 10- H. Sabbagh, K. AlGhamdi, H. Mujalled, and S. Bagher, , The effect of brushing with *Salvadora persica* (miswak) sticks on salivary *Streptococcus mutans* and plaque levels in children: a clinical trial. *BMC Complement Altern Med.*; 20:53. (2020).
- 11- M.A. Farag, S. Fahmy, M.A. Choucry, M.O. Wahdan, and M.F. Elsebai, Metabolites profiling reveals for antimicrobial compositional differences and action mechanism in the toothbrushing stick "miswak" *Salvadora persica*. *J. Pharm. Biomed. Anal.*; 133: 32-40. (2017).
- 12- S.I. Rabbani, Ameliorative Effect of *Salvadora persica* (Miswak) on Cigarette Smoke Induced Anxiety and Depression in Rats., *Int. J. Pharm. Investig.* 10(1): 32-36 . (2020).
- 13-M. Wassel, and M. Khattab, Antibacterial activity against *Streptococcus mutans* and inhibition of bacterial induced enamel demineralization of propolis, miswak, and chitosan nanoparticles based dental varnishes. *J. Adv. Res.*, 8, 387–392. (2017).
- 14- H. Pervaiz, S. Ahmed, F. Khalid, S. Riaz, S. Shabbir, and A. Haseeb, *Pakistan J. Medical Health Sci.*, Comparison of the Anti-Plaque Effect of Miswak (*Salvadora Persica*) and Dandasa (*Juglan Regia*) on gingival health in a Prospective Cohort Study.. ; 16(11). (2022).
- 15- S. Khunkar, I. Hariri, E. Alsayed, A. Linjawi, S. Khunkar, S. Islam, T. Bakhsh, and S. Nakashima, Inhibitory effect of *Salvadora persica* extract (Miswak) on collagen degradation in demineralized dentin: In vitro study. *J Dent Sci.* ; 16(1):208-213. (2021).
- 16- N.M. Abbas, Y.M. El Imam, and M.A. Abdelmageed, The Phytochemical Analysis Of The Ethanolic Extract Of Sudanese *Aerva Javanica* (Burm.F.) Juss. Ex J.A. Schultes. *World J. Pharm. Res.* ; 4(06). (2015).

- 17- F.S. Sabah, H.S. Al-Atbi and E.A. Mukhaiti, Flavonoids And Alkaloids Extracted From marodphali (*Helicteresisora*) And Their Using Role As Anti-Bacterial, AntiFungal And Their Effectiveness As Antioxidants. *Nat. Vol. Essent. Oil.*; 8(4): 4681-4691(2021).
- 18- N. Asghar, Z. Mushtaq, M.U. Arshad, M. Imran, R.S. Ahmad, and S.M. Hussain, Phytochemical composition, antilipidemic and antihypercholestrolemic perspectives of Bael leaf extracts. *Lipids Health Dis.* ; 17:68 (2018).
- 19- H. Balto, I. Al-Sanie, S. Al-Beshri, and A. Aldrees, Effectiveness of *Salvadora persica* extracts against common oral pathogens., *Saudi Dent J.*,29(1):1–6. (2017).
- 20- H. Al-Atbi, B. Al-Salami, and I. Al-Assadi, New azo-azomethine derivative of sulfanilamide :Synthesis, Characterization, Spectroscopic, Antimicrobial and Antioxidant activity study. *IOP Conf. Series: Journal of Physics: Conf. Series.* 2019; 1294,052033.(2019).
- 21- F. Xiao, T. Xu, B. Lu, and R. Liu, Guidelines for antioxidant assays for food components. *Food. Front.* ; 1:60–69. (2020).
- 22- R.J. Nijveldt, E.V. Nood, D.E. Hoorn, P.G. Boelens, K.V. Norren and P.A. Leeuwen, Flavonoids: a review of probable mechanisms of action and potential applications. *Am. J. Clin. Nutr.* 74: 418–25. (2001).
- 23- S. Banjarnahor, and A. Artanti, Antioxidant properties of flavonoids. *Med. J. Indones.*, (4) 23(2014).
- 24- J. Gan, Y. Feng, Z. He, X. Li, and H. Zhang, Correlations between Antioxidant Activity and Alkaloids and Phenols of Maca (*Lepidium meyenii*). *J. Food Qual.*, Article ID 3185945 (2017).
- 25- T.P. Yin, L. Cai, Y. Xing, J. Yu, X.J. Li, R.F. Mei, and Z.T. Ding, Alkaloids with antioxidant activities from *Aconitum handelianum*., *J. Asian Nat. Prod. Res.*;18(6):603-10 (2016).
- 26- I.A. Asih, I.B. Manuaba, K. Berata and B.K. Satriyasa, The Flavonoid Glycosides Antioxidant From Terong Belanda (*Solanum betaceum* ), *Biomed. Pharmacol. J.*, 11(4), 2135-2141. (2018).
- 27- C. Rha, H. Jeong , S. Park, S. Lee, Y. Jung and D. Kim, Antioxidative, Anti-Inflammatory, and Anticancer Effects of Purified Flavonol Glycosides and Aglycones in Green Tea. *Antioxidants.*, 8, 278; (2019).