

## Effect of Nosocomial Burn Bacteria in Experimental Burn Model

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### Abstract:

In present study, mice burn model were used to study the complications of bacterial infected burn cases. Eighteen male albino mice were used as a burn model which divided into two mice groups burned by boiled water (scald method), then injected by physiological normal saline (negative control), two mice were infected by *Pseudomonas aeruginosa*  $0.2 \times 10^8$  Colony Form Unit (CFU) without burn, on other hand two mice were infected by *Staphylococcus aureus* ( $0.2 \times 10^8$  CFU) without burn, these two groups considered as a positive control. Other mice divided into two groups, each one contains six mice burned and infected by nosocomial bacterial burn isolates ( $0.2 \times 10^8$  CFU), all groups were followed up for 7 days then killed and histopathological changes of some internal organs were examined, livers and lungs of examined samples showed significant pathological changes in coparision to the negative control, suggesting that these samples suffered from variety degree of hepatitis and pneumonia. These results were due to the complications of bacteremia and septicemia of burned model.

### Introduction:

The mortality rate in burns during the last decades is declining due to the development of clinical treatment of this severe trauma(1). However, in the USA there are still more than a million cases of burns per year (2), resulting in more than half a million cases being treated in emergency room (3). According to the World Health Organization (WHO), around 300.000 deaths are estimated

per year world wide due to burns (4). Burns are responsible for many

pathophysiological changes (5,6), representing a severe form of trauma which may result in complications such as: a rise in infection rate, an increase in hospital stay, prolonged time of inactivity and also a greater mortality rate (7,8). Among other changes, concerning reintegration into society post discharge, psychological

changes are also observed such as post-traumatic stress syndrome in the cases of victims of extensive burns (5,9,10). Although presently more patients with burns die of pneumonia than of burn wound infection, burn wound sepsis remains an important infectious complication in this population. Thermal injury to the skin causes a massive release of humoral factors, including cytokines, prostaglandins, vasoactive prostanoids, and leukotrienes (11). Accumulation of these factors at the site of injury results in “spillover” into the systemic circulation, giving rise to immunosuppression. All arms of the immune system are involved in this immunosuppression. Chemotaxis of neutrophils is decreased, as are phagocytic and bactericidal activity(12). Some laboratory animals such as rat, mice, hamster and rabbits have been used as study – models for understanding the stages of healing due to sharing many physiological and pathological characteristics of human systems (13). In addition, rodents are small size, cheap and easy to maintain in the lab. Such studies have advantages of presenting physiological and pathological effects similar to those of human, considering stimulating the nervous, cardiovascular, endocrine and immunological system (14). The current study aimed mainly to study the potential histopathological effects of nosocomial burn isolates in experimental mice burn model.

#### **Material and methods:**

**Bacterial isolates:** Bacterial burn isolates were obtained from Missan Teaching hospital (burn unit). *P. aeruginosa* and *S. aureus* were identified according to standard methods by Vitek system.

**Infectious dose:** Bacterial dose was  $10^8$  colony form unit (CFU) for each bacterial isolates. In addition, route of infection was scratched and subcutaneous in burn area (16).

#### **An experimental burn mice model:**

Four mice groups were used in this study as described below:

1. Negative control: three male mice were burned (third degree) by hot water (boiling), then injected with 0.2 ml normal saline.

2. Positive control: three groups, each group contains three male mice were infected with *P. aeruginosa* without burn process. On the other hand, three male mice also were infected with *S. aureus* without burn.

3. Six male mice were burned and infected with *P. aeruginosa* and follow up for seven days.

4. Six male mice were burned, infected with *S. aureus* and followed for seven days.

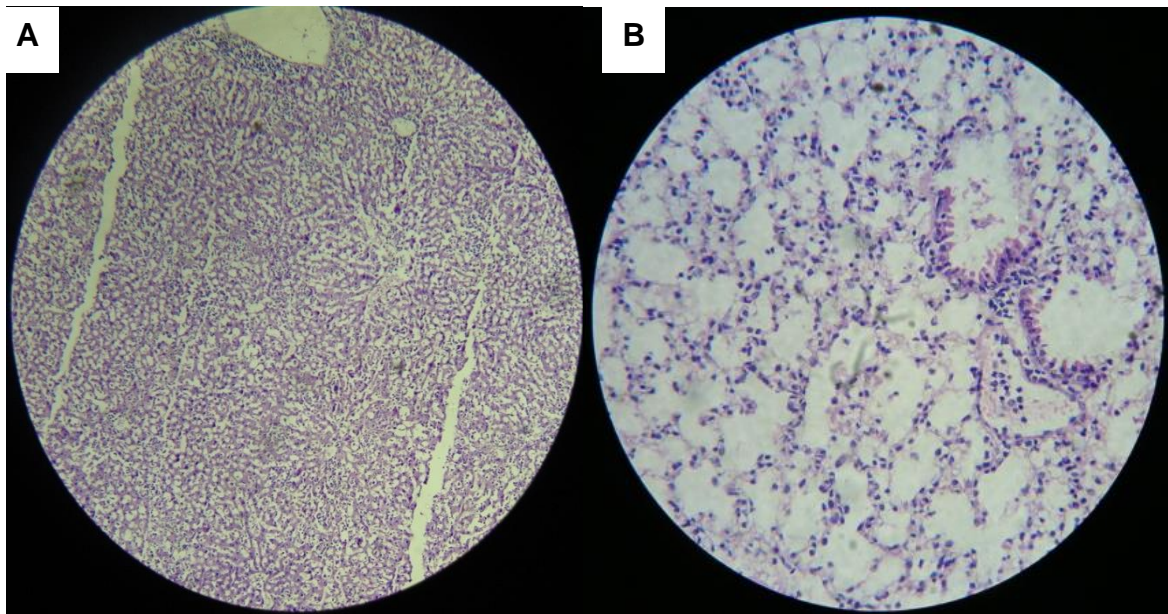
#### **Histopathological study:**

All experimental mice model were killed at the end of the experiments, their lungs and livers were isolated by aseptic methods, and sampled for histopathological examination. Tissues processing was carried out using routine procedures (Mohan, 2007).

## Results:

Aseptic methods were used to isolate the lungs and livers of the experimental mice burn model and used for histopathological changes are widely used to study the effects of bacterial burn infection.

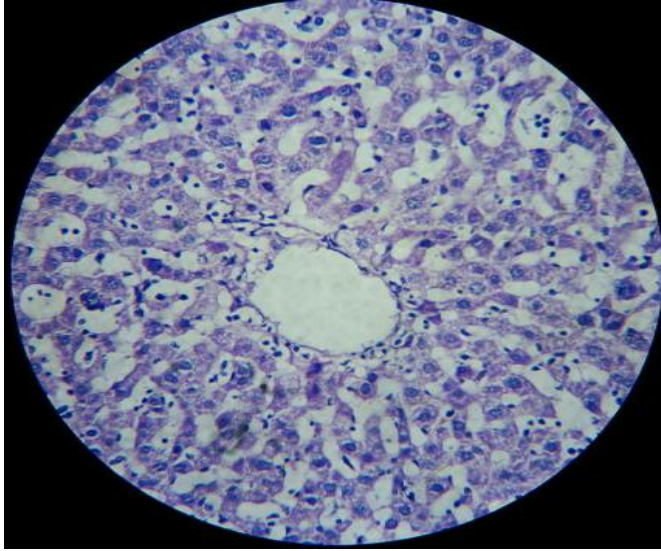
**1-Negative control group:** No significant pathological changes were observed in this group as explained in Fig. 1a, b.



**Fig1:** Photomicrograph of the liver (a) H&E, 10X and lung (b) H&E 40X of negative control group showing no significant pathological changes.

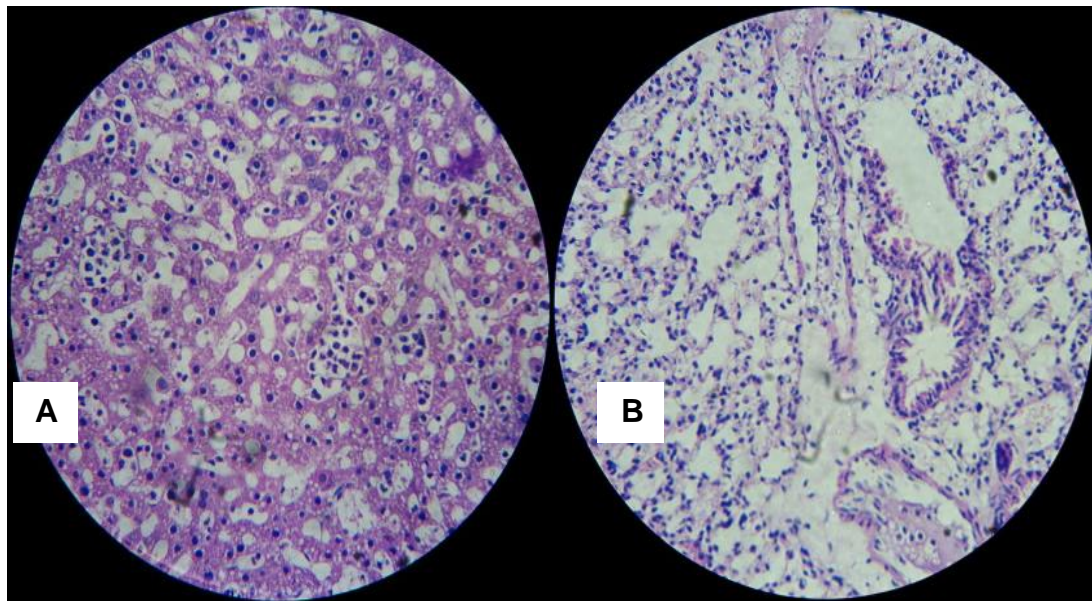
**2-Positive control:** An acute hepatitis was observed in liver sections of positive control group (Fig 20). Nevertheless, sections of the examined lungs were normal and no significant pathological changes were detected.





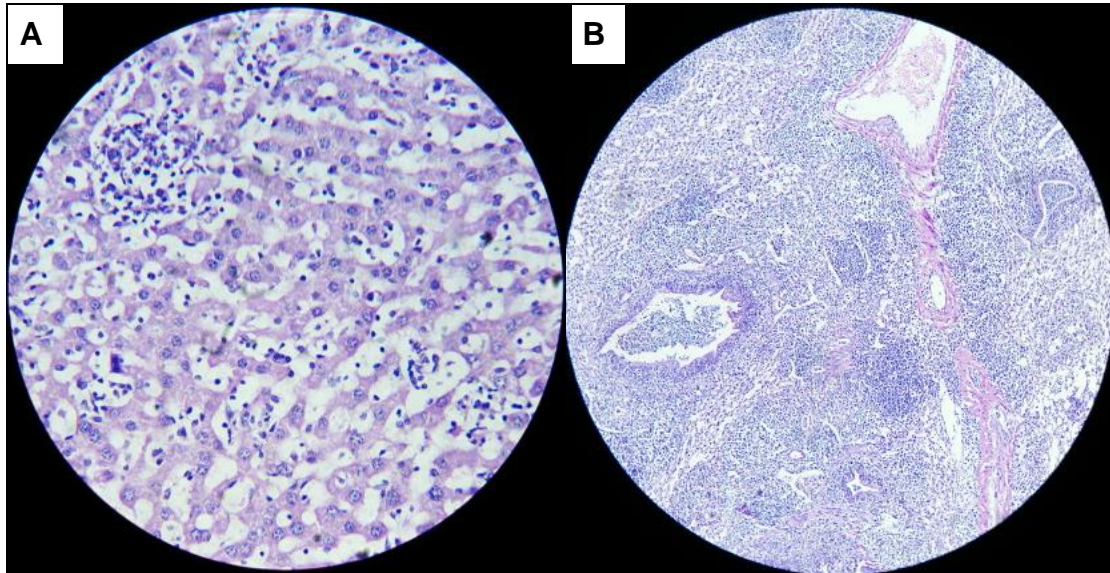
**Fig. 2: Liver section from positive control groups reveals an acute hepatitis. ( H&E, 40X).**

**3-Burn and *S. aureus* infected group:** show all liver samples suffered from acute hepatitis represented by infiltration by inflammatory cells such as polymorphonuclear cells (Pmns) and large vacuoles of hepatocytes as shown in Fig 3a. On the other hand, lungs show picture of pneumonia, characterized by mixed inflammatory cells such as Pmns, plasma cells, histocytes and multiple patches of inflammatory areas (Fig 3b).



**Fig. 3:a. Shows acute hepatitis in burn and *S. aureus* infected group, H&E (40X), b. Shows picture of pneumonia in burn and *S. aureus* group, H&E(40X).**

4-Burn and *P. aeruginosa* infected group suffered from different pathological changes. Livers show pictures of acute hepatitis, which represented by mixed inflammatory cells mainly Pmns, as explained in Fig. 4a. On the other hand, lungs show pneumonia, the picture refers to infiltrate of Pmns around bronchioles and present of lung abscesses (Fig.4b).



**Fig. 4:a.** Shows acute hepatitis of burn and *P. aeruginosa* infected group, H&E (40X).**b.** Shows picture of pneumonia and lung abscess of burn and *P. aeruginosa* infected group, H&E (40X).

### Discussion :

Burns of large surface area may turn into a systemic problem, affecting a diverse range of organs and generating high levels of morbidity and mortality. There are a hypercatabolic state and immunosuppression resulting in an increased risk of infection and subsequently death. In the present study, burn wound infection was diagnosed by histopathological examination when microorganisms were observed to be invading viable tissue beneath the eschar, and the current results agree with these of Pruitt, 1983. Histological examination of the burn biopsy specimen shows

invasion of the infectious organism into adjacent viable tissues; so in present study burn infection organisms reisolated from internal organs such as liver and lung and produce multiple histopathological changes, these results were similar to results obtained by Al-Maliky, (16). In present study, liver and lung of the studied samples suffered from hepatitis and variety degree of pneumonia which were due to the complications of bacteremia and septicemia of burned model and these results were consistent with other studies obtained by Horton *et al.* (17).

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## دراسة تاثير البكتريا الملوثة للحروق في نموذج الحرق التجريبي

رحمن لعبيبي جلاب

حيدر خميس المالكي

### الخلاصة :

في الدراسة الحالية استعملت الفئران كنموذج حرق تجريبي لدراسة مضاعفات تلوث الحروق البكتيري. ١٨ من ذكور الفئران استعملت في هذه الدراسة حيث قسمت الى حويانين حرقت بالماء المغلي ومن ثم حقنت بمحلول الملح الفسيولوجي (سيطره سالبه). حيوانان حقنت  $0.2 \times 10^8$  CFU بكتريا الزوائف الزنجاريه وبقت بدون حرق (سيطره موجبة)، حيوانان حقنت  $0.2 \times 10^8$  CFU بكتريا المكورات العنقودية وبقت بدون حرق ايضا (سيطره موجبة)، اما بقية الحيوانات قسمت الى مجموعتين (٦ فئران) لكل مجموعة حرقت بالماء المغلي وحقنت المجموعة الاولى  $0.2 \times 10^8$  CFU بكتريا الزوائف الزنجاريه. اما المجموعة الثانية حرقت بالماء المغلي وحقنت  $0.2 \times 10^8$  CFU بكتريا المكورات العنقودية. جميع النموذج التجريبي تم متابعته لمدة سبعة ايام ثم قتلت حيث تم فحص ودراسة بعض التغيرات النسيجية المرضية لبعض الاعضاء الداخلية. اوضحت النتائج ان كبد ورئة مجاميع السيطرة السالبة لم تعاني من اي تغيرات مرضية مقارنة بمجاميع السيطرة الموجبة ومجاميع المحروقة والمحقونة بالبكتريا المرضية والتي كانت تعاني من درجات متنوعة من التهاب الكبد والتهاب الرئة. هذه النتائج كانت نتيجة تجرثم وعفونية الدم للنموذج التجريبي.